

Taurine 500 mg

Description

Product number: B013 - 100 tablets

Taurine is a sulfur-containing amino acid-like substance that occurs naturally in our diet and our body. The highest concentrations of taurine in our body are found in the heart, retina, muscles, brain and nerve tissue and white blood cells.

Ingredients per tablet:

Taurine 500 mg

Fillers: microcrystalline cellulose, vegetable stearic acid, rice starch. **Anti-caking agent:** silicon dioxide. This product does not contain gluten, lactose, milk proteins, soy or animal gelatine.

Usage and warnings:

Adults take 1 to 2 tablets per day separately from the meal. Higher doses according to expert advice. Pregnant women should first consult an expert before taking taurine. Do not exceed recommended dosage. Keep out of reach of children. Do not use in hypersensitivity to any of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.